



Skills: Rolling and Underhand Throw

Equipment: Any kind of ball or a sock ball, 3-5 bowling pins for each player (use water battles, boxes, blocks of wood, anything that you can stand up and knock down).

How to play:

1. Players are each given 3-5 pins and a ball.
2. Players set up their pins on a line that is 10-15 feet from their opponent's line. (pictured above)
3. Players decide who will start by playing "rock-paper-scissors".
4. Without crossing the line upon which their pins are placed, the first player rolls their ball in an attempt to knock down their opponents pins.
5. Players alternate taking turns attempting to knock down their opponent's pins.
6. The goal of the game is to knock down all of your opponent's pins before they knock down all of yours.

